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# **THE RELATIONSHIP OF REJECTION SENSITIVITY AND PERFECTIONISM TO SOME PSYCHOLOGICAL DISORDERS AMONG UNIVERSITY STUDENTS**



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## **Abstract**

### **• Introduction:**

This research aims to find the relationship between the rejection sensitivity and perfectionism to some psychological disorders that are expected to be exposed to university students during their studies such as (social phobia - panic attacks - adjustment disorders). The roles played by the individual in his life vary according to the stages of age and psychological maturity. The transfer of the individual from another social stage is considered to be

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the most severe and most dangerous role. For example 'the individual's transition from the basic stage of education 'including pre-defined controls and forms 'To the stage of youth - to the stage of university education in which the individual faces one of the most serious challenges to the formation of his psychological life is to build his own view of his personality under the conditions of life with new controls and provisions 'at this stage shows many forms of mental disorders associated with that transitional phase Which is associated with the individual until the end of the rule of his control on that stage and know that the critical stage of what is called social normalization - or social adjustment - it is within the framework of social relations in which the individual lives and lives through and interact with 'and in the case of any of the requirements of those The stage shows many psychological problems expressed by the individual in the form of disorders that may be dangerous.

In the researcher's search for the most important factors that lead to mental disorders 'several terms have emerged that may be linked to the exacerbation of this problem (perfectionism - rejection sensitivity - social anxiety or social phobia - panic attacks - adjustment disorders) The impact of these problems on the individual

may be reflected on His character causes him to have many different problems affecting them.

- ***The Problem of the Study:***

The problem of the study could be stated in the following Questions :

1. What is the relationship of rejection sensitivity to mental disorders (such as (social phobia - panic attacks - adjustment disorders) among university student?
2. What is the relationship of perfectionism to mental disorders (such as (social phobia - panic attacks - adjustment disorders) among university students?
3. What is the relative contribution of both the rejection sensitivity and perfectionism to the mental disorders of university students?

- ***The Objective of Study :***

1. Explain the relationship of rejection sensitivity to mental disorders among university students.
2. Explain the relationship of perfectionism to mental disorders among university students.

3. Highlight some of the psychological disorders facing university students.
4. Provide a measure of rejection sensitivity suitable for the Egyptian environment based on a careful scientific study of this variable.

• **Research Assumes:**

1. There is a statistically significant correlation between rejection sensitivity and social anxiety as a psychological disorder among university students.
2. There is a statistically significant correlation between perfectionism and social anxiety as a psychological disorder among university students
3. There is a statistically significant correlation between rejection sensitivity and adjustment disorders as a psychological disorder among university students.
4. There is a statistically significant correlation between perfectionism and adjustment disorders as a psychological disorder among university students

5. There is a statistically significant correlation between rejection sensitivity and panic attacks as a psychological disorder among university students.
6. There is a statistically significant correlation between perfectionism and panic attacks as a psychological disorder among university students.
7. The relative contribution of both the rejection sensitivity to the mental disorders of the university students is different.
8. There are differences in personality dynamics between endpoints on study scales as illustrated by the Sacks test.

• ***The Tools of the Study:***

1. The rejection sensitivity scale (Downey ‘G. & Feldman ‘S.I ‘ 2013)
2. The Multidimensional perfectionism Scale (Hewitt & Flett ‘ 1991) translated by Ayman Helmy eweida 2009.
3. Social anxieties scale (Raulin&Wee,1994)
4. General Psychological Adjustment Scale (Surrey ‘1986).
5. Panic attack Scale (APA ‘2013).

- ***Statistical Methods:***

1. Calculation of the Pearson correlation coefficient.
2. Multi-step regression analysis.