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**MODELING CAUSAL  
RELATIONSHIPS BETWEEN THE  
ADDICTION OF SOCIAL MEDIA AND  
ACADEMIC PROCRASTINATION  
AND MENTAL HEALTH OF  
STUDENTS OF THE FACULTY OF  
EDUCATION FOR GIRLS IN ABHA  
KING KHALID UNIVERSITY IN  
KINGDOM SAUDI ARABIA**



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**Abstract:**

The study aims to test the validity of the theoretical relationship between the addiction of social media and the academic Procrastination On the mental health to reach a model that determines the impact of some important variables in mental health in the light of what the research data reflect.

The group of subjects included a random sample of (100) female students of the Faculty of Education at King Khalid University in Abha. The study used (a) the measure of addiction and the question

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of social communication (b) the measure of academic procrastination and (c) the mental health scale. Identify trends of influence between search variables through a causal model. The results of the study showed finding the direct and indirect effect of the group of total examinees using the path analysis of the social communication addiction and academic procrastination to mental health. The results for the group of the total examinees have a direct effect and there is indirect impact on the academic procrastination medium and discussed in light of the theoretical framework for research and previous studies.